

- ❖ Traditional health clinics will be renovated and new supplies of plant medicine will be obtained using sustainable harvesting practices. Consultation rooms will be added and a grinding machine will be purchased for processing medicine. Health information (e.g. HIV and malaria prevention, good nutritional practices) will be acquired to distribute at the clinics and more training will be given to apprentices. Storage and packaging of medicine will be improved. Hundreds of people benefit from these clinics.
- ❖ Expand development of Maasai Herbal Tea blend. Funds will be used to improve packaging, distribution and marketing using the expertise of indigenous artisans. A line of teas to treat stress, digestion, and the common cold is in the pipeline for development and sale in local and international markets to support the project and contribute to poverty alleviation in indigenous Maasai communities. A booklet describing Maasai healing etiology will be completed and sold together with the tea blend to educate global community about these indigenous healing practices. Thousands of people will learn about the importance of indigenous Maasai medicine and benefit from the use of it. Local communities benefit from the sale of these products.

Contributions by check can be sent to:

Tides Foundation/Terrawatu Fund
Finance Department
Tides Foundation
P.O. Box 29903
San Francisco, CA, 94129, USA

Secure on-line credit card donations can be made on our Website –
www.terrawatu.org – click on “Contribute”.

Note/Select support area as “Conserving Biodiversity”

All contributions are tax-deductible.

**THANK YOU IN ADVANCE FOR YOUR GENEROUSITY AND COMMITMENT
TO THIS IMPORTANT AND EXCITING EFFORT**

If you would like more information please email: info@terrawatu.org

School Partnerships for ICT 4 Development



Opening Day ceremony of Ilkiding'a Computer Center at Ilkiding'a Secondary School.

The Opening Ceremony for Terrawatu's 2nd "Computer Lab in the Bush" was held on 31 January. Ilkiding'a Computer Center is located in a rural area on Mt. Meru in Arumeru District, Arusha Region, Tanzania. Speakers at the opening ceremony included Terrawatu's Co-Director Dr. Tanya Pergola, representatives from the Internet Service Provider (ISP) Arusha Node Marie, the Headmaster of Ilkiding'a Secondary School and the village counselor.

The center houses thirty-two re-furbished computers donated by the World It Aid Group (WITAG) of Denmark. Internet connectivity is through a 30+ metre wireless radio tower erected by Arusha Node Marie on the school grounds.

On 18 March, a representative from the United States Agency for International Development (USAID), Mr. Jimmy Msaki, visited both Siwandeti and Ilkiding'a Computer Centers. USAID has been providing the majority of financial support for the centers and are eager to learn about the level of acceptance of Information Communication Technology (ICT) by teachers, students and the surrounding communities. While introduction and awareness-building of this new technology has been slow, everyone was excited to learn that an IT Network Connections group has been established in these school communities for teachers to share information and mobilize resources for the integration of IT into classrooms. Terrawatu's Co-Director, Ole Sululu, regularly attends the meetings of the IT group and works to liaise the outcomes of the sessions with school administrators and district officials.

Four volunteers from the United Kingdom are involved with the computer center through their association as English teachers at Ilkiding'a Primary and Secondary Schools. The volunteers are working in partnership with Terrawatu's computer teachers to spread computer literacy quickly amongst classroom teachers and students. These teachers and students hope to then connect back with the Seattle schoolteachers involved in the original "Linking Lands" project to create truly global learning centers.

Terrawatu's IT and Education Project is seen as an extremely important pioneering project and the curriculum and learning strategies established at Siwandeti and Ilkiding'a Computer Centers are expected to be used as blueprints for IT education in Tanzania.



Members of IT Network Connections group, UK volunteers, and Terrawatu computer teachers discussing ways to promote computer center in the local community.

Cross-Cultural Journeys



Wildlife in Ngorongoro Crater. Terrawatu's eco-tours bring visitors into the Ngorongoro Conservation Area to learn about interactions between wildlife and community development.

Terrawatu will be leading a customized tour with students from Washington College in the United States at the end of May 2005. In collaboration with partners – Global Exchange – in San Francisco, this tour will follow Terrawatu's exclusive "off-the-beaten-track" itinerary providing participants with unforgettable experiences in Maasai villages; interactions with school children; and meetings with incredible people doing incredible work in community development in Tanzania.

The tour then proceeds into Tanzania's famous National Parks where visitors view amazing wildlife and learn about interactions (and conflicts) between wildlife and community development.

Discussions are held throughout the tour on topics such as: economics and politics of Tanzania; conflicts of development and natural resource conservation; traditional spirituality and imported religion; globalization and numerous other issues.

To experience a most unique Tanzanian tour with Terrawatu, contact Malia Everette malia@globalexchange.org or +1.800.497.1994 at Global Exchange in San Francisco, California to find out more information about upcoming Reality Tours Tanzania.

If you, your family, and/or friends would like to book your own customized ecological-cultural safaris into the wildlife areas and indigenous communities in northern Tanzania send us an email at info@terrawatu.org.



Organizational News

In February, Terrawatu's Project Assistant, Allan Alais Meing'arana Mollel returned to Seattle to take the position of Crew Leader with Earth Corps for 2005. Read about Allan's experiences in the United States in the feature article of this newsletter.

Terrawatu's Co-Director, Ole Sululu, has been contacted by several local NGOs in Arusha to consult on their projects in the areas of community development, empowering women and micro-enterprise. Terrawatu is considered to be a very productive NGO in Arusha region and many like-minded people are seeking our advice.

Friends of Terrawatu in Seattle continue to meet either in-person or on-line to discuss goals and strategies for providing continued support to the organization. Through close communication with staff in Tanzania, the group is able to target fundraising and resource sharing efforts in a useful and meaningful way. To find out when the next meeting is being held email Joni Pecor at jlpecor@seattleschools.org

What You Can Do

There are several ways to get involved in Terrawatu activities:

- ❖ **Sponsor a Child's Education.** Our Child School Sponsorship program has been very successful. We now have six Tanzanian girls matched-up with sponsors from the United States with promises for more in the near future. A sponsor's financial support helps a girl to successfully complete Primary School and proceed onto Secondary School (not common in Tanzania). More information can be found on our Website – www.terrawatu.org - under Child School Sponsorship (CSS) program.
- ❖ **Keep us in mind when you hear about grant opportunities and/or partnering** possibilities with other foundations and organizations that work in similar projects as Terrawatu. Many of you have already provided Terrawatu with excellent contacts and recommendations that have helped us grow and blossom. Thank you!
- ❖ **Tell your colleagues and friends about our work.** Forward this newsletter and Web address - www.terrawatu.org - to those you think may be interested in hearing about Terrawatu.



Recipe- East African specialties

Honey-Fried Bananas with Cashew Nuts

This is a very simple and tasty dessert that completes a meal in a not-so-filling way. Try to find ripe, flavourful bananas and garnish the serving plate with something colourful – fresh mint leaves or tropical flowers. Enjoy!

What you need:

- Juice of 1 lime
- 4 bananas, cut in half lengthwise
- 50gr (2oz) unsalted butter
- 50gr (2oz) coarsely ground cashew nuts
- 30ml (2 tablespoons) clear honey

What you do:

- 1) Sprinkle the lime juice over the bananas. Melt the butter in a frying pan, add the bananas and cook, turning once, until browned on both sides. Transfer to a warmed serving plate.
- 2) Add the cashews to the butter remaining in the pan and cook until lightly browned. Stir in the honey and heat through. Pour over the bananas and serve immediately.



Becoming a Natural Man

*In 2004, Terrawatu sponsored **Mr. Allan Alais Meing'arana Mollel** – a young Tanzanian man with Maasai roots - to participate in the Earth Corps International Program, based in Seattle, Washington. He returned to Tanzania for a brief period in December - January and was then selected to be an Earth Corps Crew Leader for 2005. Allan turned back to Seattle in February. Here are some of his words about his experience...*

Earth Corps is a non-profit organization based in Seattle, Washington. Part of its mission is to recruit youth (age 18-25) from all over the World to provide training on Environment and Natural Resource Restoration. Because I'm young, have a passion for the environment, and engaged with Terrawatu; my organization Directors Dr. Tanya Pergola and Lekoko Ole Sululu nominated and sponsored me to participate in the Earth Corps International Program for six months in 2004 as a Corps member and in 2005 as a Crew Leader.

I had a wonderful time in Seattle, socially and professionally, as I met many people who I share a view with and have one thing we all care about in common. Having my hands, mind and heart on work is one of the vital things I have learned from the program. I may say this is what the International first experience is all about -- it all comes through toughness.

The training is hard as it involves a lot of physical labor that, on the other hand is fun, as it is a kind of exercise. We also received a lot of environmental education and an understanding why it is important to do natural resource restoration. It is because of this latter point that I decided to apply for the 2005 Crew Leader Position. Earth Corps chose me for this position and I am now back in Seattle to perform this position.



Allan Mollel assisting his Mom in Longido village, Tanzania with her necklaces.

Six days in the field, waking up early in the morning and coming back home late evening is also tough and made me realize that people do not get rich as they sleep. It is a matter of working hard and devoting themselves into work. I am lucky that I got to see the richest person in the World -- Bill Gates. He is just a cool person and totally normal and I just cannot imagine how he would have been if he was from our African countries. Rich people in Africa do not talk to others and maybe have their lunch in the air? I don't know, but it teaches me a lot just to be normal and give aid to others.

We spend much of our time doing technical things on different projects starting from using power equipment to manual ones: planting, stream works, trail construction and the science behind the invasive plants theory.

Once or twice a week we have a class about Global Issues and Cultural Awareness programs. These seem to be so interesting and drive participants into the World that we all share. Each person in the program is unique and different from each other, but we end up being in one pot as we share our interest and dreams that one day the World will survive the tragedies that it is undergoing now.

A crew leader position is hard and challenging. This person is responsible for leading and managing a crew of five Corp members and driving a van, which is fun! I have just started the year and seeing

the responsibilities that I will have makes me a bit scared. But I know also it brings a huge change and growth in me that will help me in leading people in my country through Terrawatu's projects. It also teaches me that when I go home, I will need to devote myself into my job and just be myself and that's as far as I can go.

I believe that Terrawatu can change the brown-looking villages in Tanzania into green through our Tree Planting Networks. I will be one of the pioneers of these projects by the time I am done with my training in Seattle. The knowledge and skills that I'm getting here will be helpful in consulting with and developing Terrawatu's projects in rural areas of Arusha Region.

I have learned a lot during the time that I have been in the United States and it seems a bit abstract and hard to explain. I try by saying: it is being a Natural Man and I feel more close to Nature now and would love to have Tanzanian youth feel the same as I do. Do not be afraid to be a natural person and feel part of nature as it doesn't harm or kill, it is just a matter of not trying to be perfect, instead, it is of being honest.

Thank you very much.



Staff and Board of Directors

Lekoko Ole Sululu - Co-Director
Tanya Pergola – Co-Director
Zawadi David – Research Assistant
Osuruni – IT expert
Allan Meing'arana – Project Assistant
Kimani Mollel – Traditional healer
Onesmo Ole Kishapuy – Board member
Lodi Larashi – Board member
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Lilian Titos – Board member

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Terrawatu is registered as a charitable, non-governmental organization (NGO)
with the Registrar of Societies in The United Republic of Tanzania (So. No. 11220).

NOTE: If you received this newsletter through a friend and want to be added to our circulation list, sign-up on our Website by clicking on "News".



"We shall never achieve harmony with land, any more than we shall achieve absolute justice or liberty for people. In these higher aspirations, the important thing is not to achieve but to strive."

- Aldo Leopold